

# Mental and Emotional Health Education Implementation Plan



<b>State Board of Education Rule:</b>	<a href="#">6A-1.094121</a> Mental and Emotional Health Education
Name of the School District	Broward County Public Schools
Superintendent of the School District	Robert W. Runcie
Implementation Period: (MM/YY – MM/YY)	08/19 – 07/20
Submission Date to the Commissioner	On 11/26/19 sent to MentalHealthEducation@fldoe.org
Direct URL to the Implementation Plan as posted on the school district website	<a href="http://www.browardschools.com/page/50204">www.browardschools.com/page/50204</a>
School District Contact(s) for this Plan <i>(name and email address)</i>	Ralph Aiello Director, School Counseling & BRACE Advisement <a href="mailto:Ralph.aiello@browardschools.com">Ralph.aiello@browardschools.com</a>

<b>Select the specific subject area(s) of the courses in which instruction will be delivered:</b>			
<input checked="" type="checkbox"/> Art – Visual Arts	<input checked="" type="checkbox"/> Experimental Education	<input checked="" type="checkbox"/> Peer Counseling	<input checked="" type="checkbox"/> World Languages
<input checked="" type="checkbox"/> Computer Education	<input checked="" type="checkbox"/> Health Education	<input checked="" type="checkbox"/> Physical Education	<input checked="" type="checkbox"/> Other
<input checked="" type="checkbox"/> Dance	<input checked="" type="checkbox"/> Library Media	<input checked="" type="checkbox"/> Research/Critical Thinking	
<input checked="" type="checkbox"/> Drama – Theatre Arts	<input checked="" type="checkbox"/> Mathematics	<input checked="" type="checkbox"/> Science	
<input checked="" type="checkbox"/> English/Language Arts	<input checked="" type="checkbox"/> Music Education	<input checked="" type="checkbox"/> Social Studies	
<b>Select the qualification(s) of the instructors for the above courses:</b>			
<input checked="" type="checkbox"/> Florida Certified Teacher			
<input checked="" type="checkbox"/> Community-based Expert			
<input checked="" type="checkbox"/> School Nurse			
<input checked="" type="checkbox"/> School Counselor			
<input checked="" type="checkbox"/> School Psychologist			
<input checked="" type="checkbox"/> Other: Vendors, Behavioral Health Partners, Higher Education Partners			
<b>Please explain the rationale for delivering the instruction in the courses selected above for each grade level.</b>			
<p>With over 100 schools serving students in grades 6 – 12, including non-traditional schools, great flexibility is required to ensure all students receive access to the mental health instructional requirements. Additionally, as schools have been providing the statutorily required instruction in various ways for many years, their existing activities should be included in the determination of coursework for integration.</p> <p>In partnership with our teachers’ union, school administrators, and district departments, it was decided that site-based leadership teams are best positioned to identify the appropriate course(s) through which the instruction will be provided on their campuses. Through shared decision-making, schools will complete implementation plan templates specifying the courses, staff, and selected curriculum. Most will deliver instruction within core academic subject areas (i.e., English/language arts, mathematics, science and social studies), relevant electives (e.g., Personal Fitness, Peer Counseling), or a combination model across multiple subject areas.</p> <p>As some schools may choose to implement campus-wide during a single class period, the instruction would occur within whichever courses are offered at that time. As that could include any potential course offered in the course code directory, all courses are checked off in the boxes above.</p>			

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## **Please describe the methods for delivering the instruction for each grade level.**

Schools have the option to select from a variety of delivery methods, including online, blended and traditional instruction.

EverFi has been selected as the standardized curriculum for all schools to address the topics outlined in the adopted rule using one of, or a combination of, the selected delivery option(s) above. As described below, CATCH My Breath and Project Starfish will also be required programs for all students in grades 6 – 12 that expand upon the mental health topics and additionally satisfy other areas of required instruction.

EverFi, CATCH My Breath, and Project Starfish will be integrated within the district’s learning management system (Canvas) to allow for customization for local resources, additional lessons, instructional progress monitoring, and access to the materials for students who miss instruction and/or would like to revisit the lessons at their convenience.

Primarily, the classroom teacher for the course where the instruction is delivered will be qualified instructor. Additionally, internal and external mental health practitioners will be available to address student and staff needs and/or co-lead instruction. Resultantly, any staff role may deliver or support the required instruction. Therefore, all staff are checked off in the boxes above.

## **Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.**

The District underwent a Request for Information (RFI) process to identify existing and potential resources to deliver instruction for each grade level, 6 - 12. Over one dozen vendors provided responses to questions pertaining to the required topics, instructional methodologies, research basis, technology requirements, cost, training, and more.

EverFi will serve as the standardized curriculum for all schools to meet all of the required topics through 2.5 hours of instruction. Specifically, the lessons that all students in grades 6 – 12 will complete include:

- Mental Wellness Basics
- Prescription Drug Safety

Additionally, BCPS is dedicated to addressing the vaping epidemic amongst children. So, all students in grades 6 – 12 will also complete the following 45-minute lessons. The exceptions will be in 9<sup>th</sup> and 10<sup>th</sup> grades where the data shows our students are using alcohol at alarming rates. Instead of vaping, these grade levels will receive instruction in alcohol education as a supplement to the substance abuse lessons of prescription drug safety.

- 6: CATCH My Breath E-Cigarette & JUUL Prevention: 5<sup>th</sup> – 6<sup>th</sup> Grade: Session 2: *Making Our Own Choices*: Session 2: Making Our Own Choice Presentation, Video: The Fall Out [45 minutes]

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- 7: CATCH My Breath E-Cigarette & JUUL Prevention: 7<sup>th</sup> – 8<sup>th</sup> Grade: Session 1: *Consequences of E-Cigarette Use*: Session 1: Consequences of E-Cigarette Use Presentation, Video: The DeNoble Files: E-Cigarettes [45 minutes]
- 8: CATCH My Breath E-Cigarette & JUUL Prevention: 7<sup>th</sup> – 8<sup>th</sup> Grade: Session 2: *Making Our Own Choices*: Session 2: Making Our Own Choice Presentation, Video: Nicotine = Brain Poison, Video: Good Luck Getting That Out [45 minutes]
- 9: EVERFI: AlcoholEdu for High School Digital Lessons: Modules to be completed Introduction [25 minutes], Know Your Influences [25 minutes], and Brain Body [25 minutes].
- 10: EVERFI: AlcoholEdu for High School Digital Lessons: Modules to be completed Smart Decisions [25 minutes] and Conclusion [25 Minutes]
- 11: CATCH My Breath E-Cigarette & JUUL Prevention: 9<sup>th</sup> – 12<sup>th</sup> Grade: Session 1: *Designed For Addiction*: Session 1: Designed for Addiction Presentation [45 minutes]
- 12: CATCH My Breath E-Cigarette & JUUL Prevention: 9<sup>th</sup> – 12<sup>th</sup> Grade: Session 2: *What Could Go Wrong?*: Session 2: What Could Go Wrong? [45 minutes]

Also, to address human trafficking, all students in grades K – 12 will complete the respective curriculum for their grade level:

- 6: Project Starfish - The Impact of Journalism on Human Trafficking  
Video entitled “What is Human Trafficking?” White board, markers, computer/ internet access, projector.
- 7: Project Starfish – Human Trafficking: The Poser of Communication  
Video entitled “Human Trafficking Prevention Education in Schools & Communities” White board, markers, computer/ internet access, projector.
- 8: Project Starfish – The Voices of Human Trafficking Survivors  
Video entitled “Human Trafficking Awareness – How to Find It” White board, markers, computer/ internet access, projector, worksheets.
- 9: Project Starfish – Human Trafficking: Social Injustice  
Video entitled “Bodies Are Not Commodities” White board, markers, computer/ internet access, projector, character cards.
- 10: Project Starfish – Human Trafficking in the US  
Video entitled “See Something” White board, markers, computer/ internet access, projector, worksheets.
- 11: Project Starfish – History of Human Trafficking

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Video entitled “My Name is Jami - Thoughts from American Teens on Human Trafficking” White board, markers, computer/ internet access, projector, poster board, worksheets.

- 12: Project Starfish – Human Trafficking: Social Responsibilities  
Video entitled “MTV Exit – Warning Signs PSA” White board, markers, computer/ internet access, projector, worksheet.

The remaining 1.0 hour of instruction will be used to supplement, expand upon and reinforce topics which each school identifies as most critical for their unique population. A managed menu of curriculum and materials will be available for schools to select these activities to ensure they align to the rule’s requirements.

The specific programs on the menu include:

- EverFi
- Second Step
- Inner Explorer
- Newsela
- Suite 360
- Wuf Shanti
- LEAPS
- CATCH My Breath
- Kognito
- Life Plan Labs (Adulting 101 Course)

Potential pilot programs with additional vendors will continue to be negotiated and implemented throughout the year.